

开胃菜

APPETIZERS

意式蔬菜汤..... £3.75 Minestrone Soup	沙丁鱼..... £5.50 Sardines
鲜香鱼汤..... £4.75 Fish Soup	生蚝 (半打) 鲜..... £9.25 1/2 Doz. Oysters
炸南极小龙虾..... £4.95 Deep fried Scampi	牛油果沙拉..... £3.50 Avocado pear vinaigrette
苏格兰式熏三文鱼..... £5.95 Scotch smoked Salmon	牛油果大虾沙拉..... £5.95 Avocado pear with prawns
炸鲜鱿鱼圈..... £4.95 Deep fried Calamari	冰镇黄金瓜..... £4.25 Iced melon
蒜香烤大虾..... £6.95 Grilled King Prawns in garlic	希腊鱼子沙拉配口袋饼..... £3.75 Taramosalata & pitta bread
炸小银鱼..... £4.75 Whitebait	希腊豆泥配口袋饼..... £3.75 Houmus & pitta bread
鸡尾酒大虾沙拉..... £4.75 Prawn cocktail	希腊酸奶沙拉配口袋饼..... £3.75 Tzatziki & pitta bread
鲭鱼酱..... £4.50 Pate mackerel	法国白葡萄酒煮青口..... £7.95 Moules Marinier
	3 只装烤扇贝 (蒜香黄油)..... £8.25 3 Scallops in garlic butter

本店特色菜

HOUSE SPECIALITIES

杏仁红鳟鱼..... £12.95 Trout Amandin	西冷牛排 (法式伯纳西酱汁)..... £17.95 Sirloin Steak Bernaise
烤三文鱼 (柠檬, 小茴香酱汁) ... £12.95 Grilled Salmon in a Lemon & Dill Sauce	烤鲛鱼 (烩马槟榔)..... £13.95 Grilled Skate with capers
大比目鱼排 (柠檬, 小茴香酱汁) . £15.95 Halibut Steak in a Lemon & Dill Sauce	柠檬大蒜烤沙丁鱼..... £10.50 Grilled Sardines in Lemon and Garlic
大比目鱼排焗奶酪..... £15.95 Halibut Steak Mornay	鲷鱼配橄榄油和香草..... £15.95 Whole Sea Bream in olive oil & herbs
意大利海鲜焗饭..... £9.95 Seafood Risotto	蛤蜊意大利面..... £10.95 Spaghetti Vongole (Clam)
奶油煎鲈鱼排..... £9.95 Fillet of Plaiçe Meuniere	
黑椒西冷牛排..... £17.95 Sirloin Steak Au Poivre (pepper)	

海产品

SEA FARE

油煎鳕鱼排..... £8.95 Fried fillet of Cod	烤虹鳟鱼 (条) £11.95 Grilled Rainbow Trout
油煎鲈鱼排..... £8.95 Fried fillet of Plaice	蒜香烤大虾..... £13.95 Grilled King Prawns in Garlic
油煎鲟鱼排..... £8.95 Fried fillet of Haddock	烤大比目鱼排..... £14.95 Grilled Halibut Steak
炸新西兰小龙虾..... £8.95 Deep fried Scampi	柠檬烤舌鳎鱼..... £14.95 Grilled Lemon Sole
炸鱿鱼圈..... £8.95 Deep fried Calamari	烤都花香鳎鱼..... £19.95 Grilled Dover Sole
炸银鱼..... £8.95 Deep fried Whitebait	希腊烤鲈鱼..... £15.95 Grilled Seabass in a Lemon & Dill Sauce
烤鲈鱼 (条) £10.95 Grilled whole Plaice	油炸鳐鱼..... £10.95 Deep Fried Skate
烤三文鱼..... £11.95 Grilled Salmon Steak	炸海鲜拼盘..... £10.95 Deep fried Seafood Platter
深海鱼派..... £10.95 South Coast Fish Pie	(鳕鱼, 虾, 鱿鱼, 银鱼和大虾) (Cod, Scampi, Calamari, Whitebait & King Prawn)
当日新鲜鱼拼盘 (两人) £49.95 Fish Feast for two "Catch Of The Day"	烤鱼混合装 14.95 Grilled Fish Medley
沙丁鱼..... £9.50 Sardines	(比目鱼, 三文鱼, 鲈鱼, 沙丁鱼 - 鱼的选择可能有所不同) (Halibut, Salmon, Plaice, Sardine - Fish selection may vary)

贝类

SHELL FISH

龙虾沙拉 (冷) (整只) £31.95 Lobster Salad (Cold)	生蚝 (一打) £17.95 1 Dozen Oysters
芝士奶香龙虾 (整只) £31.95 Hot Lobster Thermidor	蒜香黄油扇贝 (半打) £16.50 6 Scallops in garlic butter
烤龙虾配蒜香黄油 (整只) £31.95 Grilled Lobster with garlic butter	英国黄金蟹沙拉 (整只) £15.95 Whole Crab Salad
法式青口大份 £11.95 Moules Marinier	海鲜大拼盘 (热) £51.95 Extravaganza Shellfish Platter (Hot)
海鲜大拼盘 (冷) £51.95 Shellfish Platter (Cold)	(整只芝士奶香龙虾, 帕尔米贾尼生蚝, 香蒜扇贝, 酒酿青口, 香蒜大虾) (Whole Lobster Thermidor, Oysters Parmigiani, Scallops in garlic, Mussels in wine, King Prawns in garlic)
(整个龙虾, 牡蛎, 大虾, 青口, 蛤, 南极小龙虾) (Whole Lobster, Oysters, King Prawns, Mussels, Clams, Langoustine)	

烧烤类

GRILL

西冷牛排..... £15.95
Sirloin Steak

大份西冷牛排 (里脊)..... £17.95
Porterhouse Steak

可添加的酱汁有：戴安奶油香菇酱汁，法式伯那西酱汁，黑胡椒酱汁。酱汁每份收费 2 磅。
Add a sauce to your steak: Dianne Sauce, Béarnaise Sauce or Pepper Sauce Extra 2.00

菲力牛排..... £18.95
Fillet Steak

烤肉拼盘..... £13.95
Mixed Grill

(羊排, 牛排, 香肠, 培根, 鸡蛋, 蘑菇, 番茄)
(Lamb cutlet, Steak, Sausage, Bacon, Egg, Mushrooms & Tomato)

家禽类

POULTRY

烤鸡排..... £8.95
Grilled Chicken

四分之一的烤鸡..... £8.95
Quarter Roast Chicken

二分之一的烤鸡..... £10.95
Half Roast Chicken

星期日牛羊肉

Sunday ROASTS

供应烤土豆，胡萝卜和豌豆
Served with Roast Potatoes, Carrots & Peas

烤牛肉..... £8.95
Roast Beef & Yorkshire Pudding

烤羊肉..... £8.95
Roast Lamb & Yorkshire Pudding

意大利面

PASTA

Regency 海鲜意大利面 (本店招牌) £10.95
Regency Seafood Spaghetti

意大利面 (青口)..... £10.95
Mussels & Spaghetti

意大利面 (番茄牛肉酱)..... £9.95
Spaghetti Bolognese

意大利面 (拿坡里式番茄酱)..... £7.50
Spaghetti Napoletana

芝士意大利蔬菜千层面..... £9.95
Vegetarian Lasagna

龙虾意大利面 (整只龙虾)..... £31.95
Spaghetti Langosta (Whole Lobster)

意大利面 (蔬菜)..... £7.95
Spaghetti al Pesto

意大利面 (大虾)..... £10.95
Spaghetti Prawns

自助冷食

COLD BUFFET

海鲜沙拉..... £10.95
Fruit de mer & Salad
(多种腌制海鲜可供选择)
(a selection of marinated seafood)

虾仁沙拉..... £10.95
Prawn Salad

熏三文鱼沙拉..... £10.95
Smoked salmon & Salad

尼斯沙拉..... £10.95
Salad Niçoise

所有餐点均可选择搭配薯条，新土豆或者沙拉
(除了面食，贝类和鱼宴)
All meals served with a choice of chips, new potatoes or salad
(Except pasta dishes, shellfish and Fish Feast)

❧ 蔬菜 / 附餐 ❧

VEGETABLES / SIDE ORDER

豌豆泥 £1.50 Mushy Peas	季节田园沙拉 £3.50 Seasonal Salad
豌豆 £1.50 Garden Peas	番茄洋葱沙拉 £2.95 Tomato & Onion Salad
西式煎蘑菇 £2.50 Sauteed Mushrooms	希腊沙拉 £4.75 Greek Salad
烤番茄 £2.50 Grilled Tomatoes	米饭 (份) £2.25 Bowl of Rice
炸洋葱圈 £2.25 Fried Onion Rings	煮土豆 (自选调料) £2.95 Boiled Potatoes
水煮胡萝卜 £1.50 Carrots	欧式腌橄榄 £2.95 Olives
水煮四季豆 £2.50 French Beans	希腊腌洋葱 £1.50 Pickled Onion
水煮鲜芦笋 £3.75 Asparagus	酸黄瓜 £1.50 Pickled Gherkin
法式面包 £1.50 French Bread	蒜香黄油烤面包片 £2.25 Garlic Bread

❧ 甜点 ❧

DESSERTS

提拉米苏 £4.95 Tiramisu	法式焦糖布丁 £4.95 Treacle Pudding
泡芙 £4.95 Profiteroles	葡萄干布丁 £4.95 Spotted Richard
香蕉太妃派 £4.95 Banoffee Pie	焦糖鸡蛋布丁 £4.95 Crème Brulee
水果芝士蛋糕 £4.95 Fruit Cheesecake	新鲜水果沙拉 (份) £4.95 Fresh Fruit Salad
苹果派 £4.95 Apple Pie	冰激凌 (香草味, 草莓味, 巧克力) (份) 2.95 Ice cream (vanilla, strawberry or chocolate)
巧克力布朗尼蛋糕 £4.95 Chocolate Brownie	柠檬或香橙雪酪 (份) £4.65 Lemon or orange sorbet
香蕉船 £4.95 Banana Split	奶酪饼干 (拼盘) £6.75 Cheese and biscuits
香蕉冰淇淋 £4.95 Banana Fritter (fried banana with ice cream)	餐后酒咖啡 (可选择利口酒或者甜酒) £5.75 Liqueur Coffee (Great choice of liqueurs & dessert wine available)
英式布丁 £4.95 Rhubarb Crumble	

结账账单已包括 VAT 增值税, 但会额外另收取 10% 的服务费
INCLUSIVE OF VAT. SERVICE CHARGE 10% EXTRA

Please tell us if you have any specific type of allergy.
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